

THE
PRINCE
OF
WALES
HOSPICE

OCTOBER 2019

Staff and
Volunteer
Newsletter

PoW-
WoW

30th year celebrations!

What a fantastic day we had on Wednesday 18th September at the Hospice!

We invited patients from our local Outreach groups to visit the Hospice for a pearl party themed celebration, the winner of our car raffle was announced and we were joined by ITV Calendar News! The full story and photos continue on the next page...

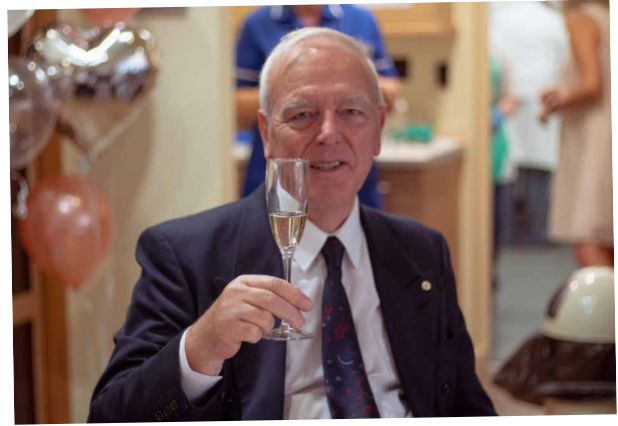


The pearl party celebration was held in The Haven for our Outreach patients. It was beautifully decorated in keeping with the theme, and the patients had a wonderful time celebrating 30 years of Hospice care. They enjoyed a glass of fizz, accompanied by a three course meal and entertainment.

We were also joined by the lovely Otis Holmes of ITV Calendar News, who spent the morning with us to film a feature about our 30th anniversary year. Otis chatted with our Outreach patients and also to staff about what we do here at the Hospice and our history. We can't wait to show you the finished piece, so stay tuned for more information on when it will be aired.

If that wasn't enough excitement for one day, we also announced the lucky winner of our Fiat 500 car raffle! The winning ticket (number 081392) was drawn from the boot of the car by Outreach patient, Christine Baker, as representatives from sponsors Haribo and Motorpoint looked on. There was a real party atmosphere, as patients, visitors and staff witnessed the winning ticket being drawn, followed by an explosion of coloured confetti.

The car raffle, which launched in March this year, has toured the local community at various venues throughout the summer. Tickets were in high demand and raised a massive £30,000 for the Hospice. Head over to our Facebook page to watch our video of the winner being announced!





Wish you were here...

Planet Hollywood, Las Vegas, Nevada.

This month's 'holiday of the month' has been sent in by Becki, Community Fundraising Officer.

How long were you there?

11 nights, a long time for Vegas.

What was the purpose of the trip?

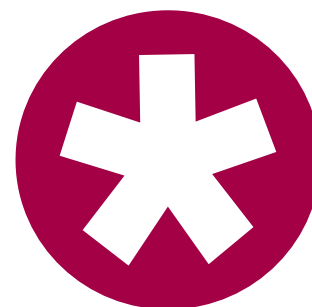
Fun, to wind down and catch up with friends. We recently filmed a documentary for The Discovery Channel in the UK and we had arranged to meet up with the shows front man, no other than George Hardeen who is the great Nephew of the great Harry Houdini.

Top three activities you did:

1. David Copperfield, the greatest magician of all time invited my husband and I to his private museum and library of the conjuring arts that houses the largest collection of historical magic artefact's in the world, it's said to be valued at half a billion dollars. It was an incredible experience to see so much magic memorabilia under one roof. One piece in particular I loved was Houdini's bookcase from his home in New York. David has had the bookcase restored and it sits proudly in his museum. David offered to take a photo of us stood next to the bookcase - thanks David!
2. We visited Hogs and Heifers bar in Old Vegas (next to Fremont street). What an experience! It is just like the famous coyote ugly bar but Vegas style. Women were dancing on the bar in their cowboy boots talking to everyone through megaphones! I couldn't imagine anything like that over here, you must Google it!
3. We stopped by at the Neon Museum during our visit, which preserves all of the huge old casino and outdoor signs. It's incredible to see some of the famous old signs including The Sands, Sahara, Stardust, Riviera and Golden Nugget, just to name a few! We enjoyed a 30 minute night show which took us back to old Vegas.

Reasons people should visit:

It's like nowhere else, it's an adults playground with endless possibilities where your imagination is your only limitation. I have to say with Vegas you will either LOVE it or HATE it. I really LOVE it!



EAP (Employee Assistance Programme)

As part of our staff and volunteers well-being at the Hospice, we would like to remind you all about the services provided through the Employee Assistance Programme (EAP).

The programme is available 24 hours a day and 365 days per year and is totally confidential.

It provides help to employees, volunteers and their immediate family members with advice and assistance with any issues that might adversely impact their health and well-being.

Here are just a few examples of what is covered:

- Housing queries
- Family concerns
- Maternity leave
- Coping with bereavement
- Managing depression
- Enhancing communication skills
- Benefits and grants
- Schooling and education choices
- Local childcare services
- Wills
- Banking
- Consumer issues
- Property and tenancy issues
- Mortgage advice
- Pensions
- Divorce
- Loan and overdraft advice

Angela Sibbit, HR and Volunteers Co-ordinator



Go Yellow for Hospice Care

As mentioned in September's PoW WoW, we will be encouraging everyone to take part again this year in "Go Yellow for Hospice Care" which will take place on Thursday 10th October.

This is to raise awareness of Hospice Care Week which is an annual week of activity to raise the profile of Hospice Care across the UK.

We're encouraging everyone to get involved, so whether you're Hospice staff, shop staff or volunteers. Dig out something yellow to raise awareness for Hospice care.

We can't wait to see what everyone comes up with!



Flu vaccines

The pharmacist will be here to give flu jabs the week commencing 7th October. He will be here every day that week between 1pm and 3pm. Vaccinations will take place in treatment room 3 and paperwork will be available on the day to complete.

According to www.nhs.uk the flu vaccine cannot give you flu. The injected flu vaccine given to adults contains inactivated flu viruses, so it cannot give you flu.

Your arm may feel a bit sore where you were injected, and some people get a slight temperature and aching muscles for a couple of days afterwards. Other reactions are very rare.

The viruses that cause flu can change every year, so you need a vaccination that matches the new viruses each year. The vaccine usually provides protection for the duration of that year's flu season.

Jo Benson, Nurse Manager

Make your mental health a priority

Remember Anne and Susanne are available for confidential chats in the workplace. Their contact details are:

Anne 01977 781488 / agiblin@pwh.org.uk

Susanne 01977 781461 / syoung@pwh.org.uk



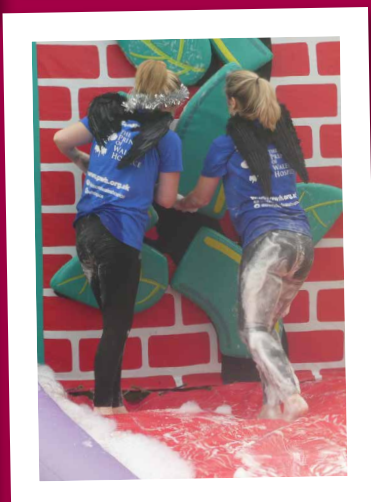
MAKE YOUR MENTAL HEALTH A PRIORITY.



WE ARE HERE TO LISTEN.

Incare take on It's a Knockout!

We would like to say a huge well done to everyone in the Incare team, who took part in It's a Knockout on Sunday 22nd September, battling lots of inflatable obstacles, foam and rain! You we're all fantastic, here are a few snaps of the team from the day.



Updated policies & documents

The following documents have been updated and approved in recent times.

- Alcohol, Drugs and Smoking Policy
- Equal Opportunities Policy
- Flexible Working Policy
- Flexible Working Request Form
- Recruitment and Selection Policy
- Interview Scoring Form
- Vacancy Approval Form
- Bereavement Services Policy
- 7167 Bereavement Care Pathway
- Compliments Policy
- DNACPR Policy
- Injectable Medicines SOP
- Management of Medicine Incidents and Errors SOP
- Ordering, Receiving, Storage and Disposal of Medication SOP
- Peripheral Venous Cannulation SOP
- Guidelines on the Prescription and Administration of Oxygen
- 9027 Oxygen Patient Information Leaflet
- 7017 Intravenous Monitoring Chart
- 7157 Care Plan - Care and Support of a Patient Receiving Supplemental Oxygen
- 7166 Reflective Record Log

These can be found within the usual locations, including the Policies and Guidelines folder on the Shared Drive and the Document Management Server.

Please familiarise yourself with the policies and documents if it is appropriate to assist you in your work.

Thanks as always for your continued help and cooperation.

Martin Ward, IT Manager



Christmas cards

Our Christmas cards are in shops now!

Call into any of our Hospice shops to see our range of cards, we have something for everyone. Our cards are priced at just £3.00 and are great quality, plus by buying them you are helping the Hospice.



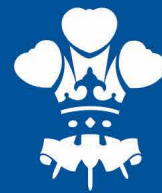
Team donations

Thank you to everyone who donated bags over the month of September as part of our head to head team competition. Teams were split into three which included; office staff, ward staff and facilities staff.

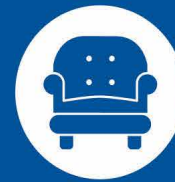
We have been keeping a log of how many bags have been donated and the current total as of the 27th September is 171 bags! This is an incredible £3,420 of stock for the shops.

We will announce the winning team once the final figures have been updated.

Natasha Morosini, Retail Admin



THE
PRINCE
OF
WALES
HOSPICE



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FURNITURE?

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theprinceofwaleshospice @pwhospice

The Five Towns Plus Hospice Fund Limited Registered Charity number 514999. Registered Company number 1797810.

THE PRINCE OF WALES HOSPICE

Lucky Hearts

1 **Win up to £1,000**

GAME ONE
Match 3 amounts to WIN

2

GAME TWO
Reveal a prize to WIN

£1

Scratch cards

Have you picked up one of our Lucky Hearts scratch cards yet? They only cost £1 and you can be in with a chance of winning up to £1,000!

Get yours today for a chance to win, and to support patient care at the Hospice.

Leavers

Emma Keenan

Assistant Manager
Castleford Furniture shop
31/08/2019

Michelle Foulks

Fundraising
30/08/2019

Casey Dodson

Assistant Manager
Doncaster shop
12/09/2019



Announcements

We are very sorry to tell you all that Marlene James who was a past fundraising volunteer for the Hospice died last month from a stroke.

Jenny Davis, a shop volunteer at South Elmsall shop has also sadly died. Jenny volunteered twice a week for 15 years. Both Marlene and Jenny will be greatly missed and our love goes out to their family and friends at this sad time.

Getting to know you

This month we caught up with
Lymphoedema Nurse, Tracy Green.



**Tracy Green,
Lymphoedema
Nurse**

Question: What do you enjoy the most about working at the Hospice?

Answer: The atmosphere and friendliness of staff and patients. Everyone pulls together.

Question: Describe yourself in three words.

Answer: Loyal, positive, friendly.

Question: Do you have any pets?

Answer: No.

Question: What is your favourite song?

Answer: Home by Westlife.

Question: If you could travel anywhere, where would you go?

Answer: Bora Bora.

Question: Tell us something not many people know about you.

Answer: My favourite hobby is card crafting.

Festive Florals & Winter Fayre

Tuesday 26th November

6.30pm – 9pm

Pontefract Town Hall

Live floral demonstrations,
gift stalls & more.

Tickets £5

From Michelle's Flowers
and Hospice reception.
Under 16s go free with a
paying adult.

In aid of



Michelle's Flowers, 76 Baghill Lane,
Pontefract, WF8 2HB
01977 798300
michellesflowersltd.co.uk



Don't forget to make sure everyone in your team gets a chance to read **PoW WoW**.

And be sure to let us know your ideas for articles - or you could even write one! Send any ideas or articles by email to cparkes@pwh.org.uk or internal post for the attention of Carly Parkes.

The deadline for the November issue is **Friday 25th October**.

This year's Santa Dash will return on Sunday 1st December, and will see hundreds of festive figures dashing to and from the Hospice to spread Christmas sparkle and cheer!

THE PRINCE OF WALES HOSPICE

Santa DASH
Sunday 1st December

2.5km Family Fun Run

www.pwh.org.uk

REGISTER ONLINE NOW

The Prince of Wales Hospice Fund is a registered charity (number 124000), registered company number 1229210.