The Prince of Wales Hospice

## NEWS



**JULY 2022** 

### **Our young fundraisers receive** special award from the Mayor

Pupils from six primary schools in Pontefract, all part of Pontefract Academies Trust, were invited to a special awards ceremony to celebrate the incredible fundraising effort they made with our Reindeer Run.

Read the full story on Page 5.



## A Message from the Collaborative Chief Executive Office

The last year has been another busy and interesting one at the Hospice! Thanks to the support of people like you raising funds and leaving gifts in wills, we ended the financial year in a strong position. Thank you so much for all you do to care for local families, right when they need it most.

Because of your support we can now move forward with the development of a new wellbeing service. We are also working with partners in the wider health and care system to explore opportunities to reach more people in the local community who would benefit from hospice care.



We have had some internal changes too. Following the resignation of our Chief Executive earlier in the year, the Board of Trustees took the opportunity to review the leadership structure of the Hospice. Their decision was to create a Collaborative Chief Executive Office from the existing Senior Management Team. This Collaborative has a shared responsibility for the operational running of the Hospice and carrying out strategic development on behalf of the Board of Trustees.

This move away from the traditional single Chief Executive Officer role signals the Board of Trustees commitment to leaders working together to develop the Hospice for the benefit of local people.

Each member of the 'Collaborative' retains their existing areas of responsibility:

#### **Amanda Darley**

Director of Estates and Facilities

#### **Hazel Pearse**

- Medical Director

#### Joanne Schofield

Director of Clinical Services

#### **Lindsay Hamer**

- Director of People and Culture

#### Samantha Calvert

- Director of Finance

#### **Sharon Batty**

 Director of Income Generation and Marketing

We are excited to lead the Hospice in this way and are so grateful that you, our wonderfully loyal supporters, stand with us to deliver exceptional loving care.

## **Remembering my Grandad**

## When someone loses a grandparent they take a part of you with them.

"While growing up, my grandad did everything for me. He retired early to look after me, took me to whatever hobby I took up that month and always let me share his cup of tea. He was my cheerleader, no matter what I did and I could never do wrong. Although, he was strongly opinionated he would be supportive whatever decisions I made.



I remember telling my Grandad I was going to be an assistant manager at a charity shop. He was opinionated, but again supportive. With every promotion and stepping stone I made in charity retail, you could see he was beaming with pride.

When my grandma passed away he sent all her clothes with me to work, followed by her books. Despite being an extremely difficult task after being married all those years, he wanted to continue to support me.

Ten years passed until he was reunited with my grandma. He passed away in January 2022. As he wished, we cleared his house, and his furniture and clothes were donated to our Hospice shops. His funeral donation came to the Hospice, too.

In addition, we also purchased a leaf on the Celebration Tree placed in our Hospice reception. My grandad had no connection with the Hospice, but I loved the idea that when I'm at work, I can nip to see the tree, see his leaf and just have a moment to remember him. To remember how he had been behind me, pushing me to keep going on, especially on the hard days.

Not only is the Celebration Tree a great way to remember a loved one but by purchasing a leaf, you also support the Hospice."

#### Natasha Morosini

You can dedicate a leaf or acorn on our Celebration Tree in memory of a loved one.



For further information email fundraising@pwh.org.uk or call 01977 708868.

## **New Mascots in Town**

So many people got involved in our Hospice Hero fundraising that we decided to bring them to life. They arrived not long ago, and superhero boy and superhero girl are now the new representatives of the Hospice.

### What will be their names?

We have given the very

important task of naming our new mascots to pupils at Pontefract Academies Trust primary schools.

The mascots, together with a representative from the Hospice, attended assemblies at all of the six primary schools to introduce themselves, tell their story and ask the children for a name. All of the children were then

given a worksheet that they have to fill out and give a name suggestion and reason for the name. These worksheets will then be reviewed by the Hospice and a winner will be chosen.

We are looking forward to announce their names shortly. Keep an eye out for our mascots at events near you.



## Our young fundraisers receive special award from the Mayor

Pupils from six primary schools in Pontefract, all part of Pontefract Academies Trust, were invited to a special awards ceremony to celebrate the incredible fundraising effort they made with our Reindeer Run.

In December we encouraged children to run, dance, skip or hop and get sponsored for doing so. They raised the incredible amount of £61,000 to support the work we do for our patients with life-limiting illness.

Two representatives from each school attended and all had the opportunity to meet Cllr. Tracey Austin, Mayor of Wakefield and receive a special Mayor Says Thanks award. Jasmine, a Year 6 pupil and Pupil Leader said, "It was a great opportunity and I felt very proud to represent The Rookeries and Pontefract Academies Trust. The Mayor was really kind and it was wonderful to get

the chance to speak to her. In school we really enjoy fundraising for The Prince of Wales Hospice, I particularly enjoyed the reindeer run as I love running. My 'Mayor Says Thanks' award is up on my bedroom wall!"

Mr Dunn, Deputy Headteacher at The Rookeries Junior, Infant & Nursery School part of Pontefract Academies
Trust said, "Being invited to the Mayor event was an absolute privilege. We are so proud of the fundraising efforts from across the whole Trust, almost £19,500 is an incredible amount to raise from just a one day event. It's great that we are continuing to support our local hospice."



Our Hospice will team up with Santa again this Christmas to bring the community a fun-filled fundraising event. Our Reindeer Run will be a sponsored walk, run or toddle for primary schools and nurseries in November.

## Asda Glasshoughton team took on 280 feet abseil challenge

Seven colleagues from Asda Glasshoughton store braved the highest building in Leeds to raise much needed funds for the Hospice.

The store's community champion Jill Uttley registered first for the challenge and was joined later by her husband Simon and her colleagues from the store, Gemma, Rachel, Johnny, Belinda, Kat and Clare.

Jill explained:

"The more people found out about the event, the more got involved. One colleague wanted to do something exciting to mark her 50th birthday, the other wanted to make up for a lost opportunity. Overall, we all were up for the challenge. We had never done something like this before, getting out of our comfort zones to raise money for a good cause."

"On that morning I was really nervous, looking down from 280 feet. I swallowed my fear and started descending down. I think everybody felt the same but

nobody thought to back out and let the team and the Hospice down."



"We asked people to sponsor us to raise money for The Prince of Wales Hospice. The team has raised around £1,300. Asda will match this amount, so it will be doubled to support the Hospice."

"My colleagues are asking now what we are going to do next. We are always up for a challenge and mainly because it is for a good cause, to support patients and their families when they need it most."

#### Get involved in our upcoming events:

30 July 2022 Yorkshire Three Peaks Challenge (walking challenge)

06 August 2022 Hooked on Hospice Care (fishing match)

19 August 2022 Leap into Action (skydive)

For further information visit www.pwh.org.uk/events or email fundraising@pwh.org.uk, alternatively call 01977 708868.

## **Corporate support**

Becoming a corporate supporter of our Hospice really can benefit a business. Some of our wonderful corporate supporters told us about how they feel about working with us.

"The Club 5 network allows us to interact with like-minded businesses in our local area. Milestone has had the opportunity to spark conversations and create meaningful contacts with companies within our community. As a result, we utilise and support more local services when we would previously have looked further afield for a solution. Social value is essential to Milestone, and we aim to increase our local suppliers.

"Whilst extending business connections is fantastic, the charitable work and support for The Prince of Wales Hospice remain at the heart of Club 5. There are numerous Club 5 events and sponsorship opportunities open to us to take part in providing fantastic team building and PR for our Milestone team and for the



hospice. Whether it is collecting Christmas Trees or climbing inflatables for "It's a Knockout".

Milestone has loved being involved, and we couldn't imagine not being a member of Club 5-we can't wait for the upcoming events this year!" – **Milestone** 

"Pyramid8 have been a member of Club 5 for the past five years. We are

passionate about supporting our local Hospice and

contributing towards

their costs of
providing excellent
care. The Hospice
is often, for many
people, a service
which is required
at short notice and
we all know
someone who has
been touched by
this. As a Club 5 member I

enjoy the monthly meetings and building relationships with other local businesses and community groups. The meetings are a warm and friendly place to be and enable us all to connect and enjoy social events whilst learning more about our local area."

- Pyramid8

For further information email fundraising@pwh.org.uk, alternatively call 01977 708868.

### Give yourself a chance to win!

In 2014, The Prince of Wales Hospice began its partnership with Local Hospice Lottery, who are a not-for-profit weekly lottery set up to provide vital financial support to adult and children's hospices across Great Britain.

Playing the Local Hospice Lottery in support of The Prince of Wales Hospice gives you a chance to win £2,000 every week, along with 200 other cash prizes. In addition to the weekly draw, there is a rollover that can reach as high as £25,000! Players are also automatically entered into the three annual Super Draws which take place in March, September and December giving a guaranteed top prize of an incredible £10,000!

The Lottery has more than 10,400 winners every year and a total annual prize fund of over £300,000 - the largest prize fund of any hospice lottery. Since 1997, Local Hospice Lottery has given an amazing £42 million to hospice care!

Since we partnered with Local Hospice Lottery, our lucky winners have scooped a fabulous total of £58,425. In the last year alone, 382 players have won prizes totalling £7,505, including a top prize winner of £2,000.

Here's what a win means to Local Hospice Lottery players:

"Thank you so much. Winning £23,000 on the Local Hospice Lottery and then

the cheque arriving on my birthday made this the happiest birthday ever! I'm really glad I decided to support this worthwhile charity and I hope others will do the same" – Mrs Flack

"I just received my cheque for £2,000 and I am still in a state of disbelief! I have never won anything in my life, I contribute to this lottery because of the fine work that these hospices do"

Mr Challacombe

"Many thanks to the Local Hospice Lottery. We were over the moon to be told of our win and to receive our prize money. Our intention was to donate, not receive! But it is very welcome at this time, our thoughts go out to all the patients and fantastic staff to whom we are all grateful" – Mr Martin

So, as well as having a great chance to win, you will be helping to make a real difference to local families in the Wakefield district who are in need of our help, every day. Each year The Prince of Wales Hospice have to raise over £3m through our shops, fundraising events, donations and fundraising initiatives in our communities. Being part of the Local Hospice Lottery provides The Prince of Wales Hospice with a regular income we can rely on, so it really is a win-win!

To join the Local Hospice Lottery simply call Freephone 0800 316 0645.



Promoter: Local Hospice Lottery Ltd, North Court Road, Chelmsford CMT 7FH. Local Hospice Lottery Ltd is registered in England and Wales (Company No. 32260)4 at Fartiegh Hospice, North Court Road, Chelmsford CMT 7FH and is a wholly owned subsidiary of Fartiegh Hospice, North Court Road, Chelmsford CMT 7FH and is a wholly owned subsidiary of Fartiegh Hospice, North Court Road, Chelmsford CMT 7FH and is a wholly of Fartiegh Hospice Index of Wales Hospice is cuttered. Social council through vhom Local Hospice Index makes amual contributions to CambileAware (the leading charity in the UK committed to reducing gambling-related harms). For more information and advice visit www. begambleaware corp. The Prince of Wales Hospice is a Registered Charity, No. 514999. The Prince of Wales Hospice is one of a number of hospices throughout Great Britain supported by Local Hospice Lottery, Local Hospice Lottery will give between 60% and 80% of profits from individuals playing in support of The Prince of Wales Hospice is of Wales Hospice. This is expected to be at least \$700.000 over five years from April 2022. A till list of the hospices supported, along with Terms and Conditions, can be seen on the Local Hospice Lottery website (https://www.localhospicelottery.org) or provided on request from Freepost Local Hospice Lottery.





## Meet our new Bereavement Lead



I am Faye Olliffe and I have been a counsellor for 12 years. I have worked with people of all ages, some as young as four. I worked

for the NHS, charities, local authorities and probation services. In my previous job, I worked as an assistant lecturer at Durham University. I am also a trainer.

In my new role, I manage the Wakefield District Bereavement Support Service and the Hospice after bereavement care. I'm committed to reaching as many people within the district as possible and particularly people who are struggling to access any services. I hope to provide a variety of services for our patients and the general public.

In my spare time I have a gorgeous, 5 year old, Kokoni dog called Benito, whom I'm training to become a therapy dog. I also make period clothing, which I love to do, and I hope to start volunteering in an animal shelter soon.

### 'Sock it to Lymphoedema!'

In March, we took part in the Lymphoedema Awareness Week and our staff and volunteers were wearing odd socks to raise awareness of this condition.

Lymphoedema is a condition that causes swelling in the body's tissues. It can affect any part of the body, but usually develops in the arms or legs. Lymphoedema can't be cured, but with

treatment the symptoms can be managed effectively. The condition can affect anyone, of any age group.

Our Lymphoedema team help with skincare, infection control, exercise, fluid drainage techniques and weight management. We offer our outreach lymphoedema services to anyone with Lymphoedema, free of charge.



## Nigel's dream came true to meet Castleford Tigers!



Our nurses are passionate about giving the best care, listening, understanding the patients and trying to brighten their days up while staying with us at the Hospice - and they certainly did for Nigel Sutton, a patient on our ward.

An engineer by trade, Nigel has always been a big fan of rugby. He was also a player at Wakefield and he has been a big supporter of Castleford Tigers.

While he was being looked after on our ward, the nurses picked up on his big wish to meet the Castleford Tigers. Jill Kirkham, Fundraising Manager explained:

"The Hospice and the rugby club have a great partnership and when I approached them they were happy to help."

On a Friday afternoon, Nigel's dream came true. He was visited by his local heroes from Castleford Tigers, Head Coach, Lee Radford and players, James Claire and Callum McLelland. Nigel was wearing his club shirt with pride.

The visit was full of laughter and great banter between the players and Nigel. A photo was printed out so it could be signed for Nigel as a souvenir of the visit. Jo Benson, Ward Manager said:

"It was an amazing afternoon for all of us. Seeing the smile on Nigel's face made everybody's day."

We are extremely grateful to Lee, James and Callum for them taking time to visit Nigel and proud to be charity partners with Castleford Tigers.

# Ready to go home – Anne's story

Anne came to the Hospice and was an incare patient for three weeks. She came for pain management and she was ready to go home after a short period of time.

### When I caught up with her she explained:

"First I heard about the Hospice 16 years ago when my husband was admitted to here for some pain management. He spent some time in and out of the ward and after a while he died here"

Anne was diagnosed with spinal cancer and admitted to hospital. At the hospital they could not ease her pain and they referred her to our Hospice to have specialist care.



She said: "I came here for pain relief. People say, once you get in a hospice you won't come out. I'm going to prove that they are wrong."

"The nurses are fantastic and so patient. It's good that I can have a laugh with them."

"I had a very bad pain in my back. Here they have been giving me pain killers. After being here for a short period of time, I'm ready to go home. I feel that I can manage my pain at home now. I learnt when I feel the pain, I need to stop and rest and ease the pain."

"I live in Castleford and have two daughters and three grandchildren. When I go home, one of my daughters will spend the first week with me to help me settle."

Anne also felt strong enough to attend some of our arts and crafts group sessions, and she painted a part of a big artwork which was displayed on the Queens' Jubilee celebration in Pontefract.

We wish Anne all the best on her return home.

### **New green house for patients**

In March 2021, our Hospice Physiotherapist, Susanne Young, challenged herself to walk five miles every day for one month to raise funds for a new greenhouse in the Hospice gardens.

Susanne raised an incredible £1,661, which included a generous donation from The Skills Network. Susanne said:

"Thank you to everyone who sponsored me. I really enjoyed my daily walks in March and felt fitter and healthier as a result."

Susanne contacted Phoenix Garden Buildings, who generously gave a £1,400 discount on a smart and

spacious potting shed which they kindly offered to deliver and erect. The staff were able to use the new potting shed to plant new seeds, which were sold at our Summer Fair 2021. The charitable discount on the potting shed meant Susanne had enough funds left over for a separate greenhouse!

In March 2022, our new Hospice greenhouse was finally delivered by Elite Greenhouses. Local greenhouse installers, M Brown & Sons, donated their time to erect the greenhouse, ready for our patients to enjoy this summer.

We want to thank Susanne, and all of the organisations that made these new additions to our gardens possible.



## Our Caring Kitchen provides catering for Castleford Tigers

The Caring Kitchen, the commercial arm of our catering team, signed a contract to provide training day lunches for players and coaches at Castleford Tigers RLFC.

The meals provide a balanced diet for the players and are high in quality. They are made from locally sourced ingredients, and freshly cooked for each training day.

Adam Whitney, Head of Strength & Conditioning at Castleford Tigers explained:

"We are delighted to be working with The Caring Kitchen and supporting our official charity partners The Prince of Wales Hospice in the process too. The Caring Kitchen will be providing our First Team players with their training day food ensuring we are giving our squad the right nutrition to replenish their energy and ease their recovery after hard worked sessions."



We have expanded our catering offer and not only provide food for the Incare patients but offer a professional catering service to the public to generate more income for the Hospice. For both, corporate and individuals, The Caring Kitchen offers various menu options to choose from, or can be tailored to any request. For more information email catering@pwh.org.uk or call 07917 184954.



#### **EXCLUSIVE OFFER FOR OUR SUPPORTERS**

Use code **SUMMERNEWSLETTER** to get free sweat treats on top of your next order. Offer is valid until 31 August.

# Spotlight on our volunteers

Volunteers are essential members of our Hospice and we cannot do it without them. Read about one of our amazing volunteers, Monica.

Monica has been a volunteer in our Fitzwilliam charity shop for the last 16 years. She has been working mainly alongside Louise, the shop manager for all this time. They have formed an amazing friendship providing support for each other through good, bad, happy and sad times.



Prior to working for the hospice Monica was a college lecturer for 20 years. She originally started out in the Civil Service training as a tax officer. From there she became a personal tax consultant. Her employments have ensured she has excellent communication skills, a must for working in the shop. She is liked and respected by her colleagues and customers.

Monica has two sons, Matthew and Paul, and a daughter-in-law Chloe. She also has four step-grandchildren Alyssa, Harrison, Belle and Aaria. In her spare time, Monica is a member of the Ackworth Community Choir attending weekly rehearsals and performing in local concerts throughout the year. She also spends many hours at Nostell Priory walking her beloved dog, Archie.

Some very special memories of her time with the Hospice are meeting Prince Charles at the Hospice, visiting Clarence House and attending the Queens Garden Party at Buckingham Palace.

We always seek new volunteers to help out in one of our 10 retail stores. Some of our current volunteer vacancies:

- Furniture shop volunteer
- Till operator retail volunteer
- Shop floor retail volunteer
- Stock room retail volunteer
- Retail mystery shopper volunteer

You can find all our vacancies on our website www.pwh.org.uk or call us at 01977 708 868.

#### Yes, I do want to give to local Hospice care!

#### Please return this form to:

Freepost RTRT-RSHY-KBBX, The Prince of Wales Hospice, Halfpenny Lane, Pontefract, WF8 4BG giftaid it MY DONATION = £Your donation can go even further if you Gift Aid it. To Gift Aid your £ Cheque enclosed donation you must tick the box below: (made payable to The Prince of Wales Hospice) I want to Gift Aid this donation and any £ Card payment donations I make in the future or have Name on card made in the past 4 years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Card number Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Expiry date Start date I will notify The Prince of Wales Hospice Security code Issue number if I want to cancel this declaration, change my name or home address or no longer pay sufficient tax on my Signature income and/or capital gains. Please accept any donation I may make, but do not claim tax, as I am not a taxpayer. OR visit www.pwh.org.uk/donate Thank you for your support Date: I