The Prince of Wales Hospice **NTERVS** FEBRUARY 2022



Lasting memories

When nine year old Ethan found out that the care given to his grandad was completely free of charge, and funded by things like gifts in wills, he just knew he had to help!

Legacy fundraiser, Anne Giblin, said,

"We wanted to reach out to our supporters about leaving us a gift in their will.

"Gifts in wills are a great way to ensure the Hospice remains at the heart of our community for future generations."

Find out Ethan's full story on pages 14 and 15.

One in four patients are cared for with gifts left in wills. Turn to page 23 to find out how you can make a will for FREE this year. All we ask is that you consider leaving a small gift to the Hospice to help to fund our patient care. "I want to make sure that the Hospice is still here when I am a grown up, so that if I ever need their help, I can be looked after just like my Grandad was. Can you help me?"



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Proud to have supported The Prince of Wales Hospice for over 25 years.

Back to Business!



We were thrilled to be able to hold a face to face Club 5 meeting in November – the first in nearly two years!

It is lovely to see our corporate partners networking and making plans on how, together, they can further support the Hospice.

We caught up with long-standing supporter, Tracey Train, from Lagentium Insurance Brokers,

"As a small business, we wanted to support a local cause. We might not be able to give huge sums of money, but we are able to help spread the word and come together in support of the Hospice.

"We encourage staff, contacts and clients to join in with our 'bring a bag to work' stock drive for the Hospice's charity shops. We are always overwhelmed with the response, filling several vans!

"Being part of Club 5, we get to meet other like-minded businesses and create new partnerships all while giving something back to the community."

If you would like your business, large, small or in-between, to join over thirty members as part of Club 5, email fundraising@pwh.org.uk.



"We encourage staff, contacts and clients to join in with our 'bring a bag to work' stock drive for the Hospice's charity shops."



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Over the Pennines and far away...

Between Thursday 15th and Friday 16th July 2021, six determined cyclists from TotalEnergies in Ferrybridge tackled a 160 mile cycling challenge in aid of our Hospice!



Enduring ten hours in the saddle each day, Team Total endured steep hills and hot weather on their journey to their plant in Preston and back.

With lots of encouragement, plenty of water and a supply of bananas, all six riders managed to complete the challenge – with a few scrapes and bruises – taking in some fantastic scenery along the way!

The team showed great spirit, boosting each other all the way. Patrick, a Team Total rider, isn't too sure how much saying "this is the last hill today lads" really helped, but enjoyed their Friday morning ice-cream stop!

Although their journey was tough, Patrick still recommends others to do their own fitness fundraisers; 'Challenges like this are great for raising money for worthwhile causes such as The Prince of Wales Hospice, they get you out and about and keep you fit and healthy.



'The camaraderie of the event was fantastic and you learn things about people you never knew!'

Want to find out how to create your own fundraiser? Visit pwh.org.uk/supporterpack for advice and support!

FFind us on Facebook!

Each of our shops have their own Facebook page, bringing you updates on your local store. Follow your favourite shop's page to see in-store updates, 'hot picks', volunteering opportunities and much more. To find your page, type 'The Prince of Wales Hospice' followed by the town name.

In memory of Kate

This year, one of our youngest supporters tackled the Pen-Y-Ghent Family Challenge in memory of his beloved mum, Kate.



Max, only four years old at the time, showed incredible determination when he and his family climbed the mountain. He raised around £4,000!

Max's dad, Ian, said Kate would have been 'really proud' of what their son had achieved, and wished she had been there to see it.

'She'd have been absolutely blown away by it, she'd have been crying. It was a great moment watching Max touch the top.'

Kate and lan were madly in love, in their thirties with a young family. When lan met Kate, he said she immediately made him laugh, and continued to make him laugh for the rest of her days.

After a happy six years together, the family received the devastating news of Kate's cancer after a shadow was found on her lung – but Kate remained positive. Ian said,

'She dealt with the treatment, dealt with

it day by day. I don't know how she kept herself strong. She was amazing.'

The couple wasted no time, having a lockdown wedding in the living room of their family home after lan proposed at Bamburgh Castle. Ian said Kate looked 'absolutely stunning' in her wedding dress.



When her doctors recommended Kate come to the Hospice, the couple were scared and sceptical – but their fears soon disappeared.

During Kate's stay at the Hospice, the staff took the time to personalise her

care and get her breathing problems and other symptoms under control, giving her more confidence to enjoy time with her family.

Ward manager, Jo Benson, said;

'Care from a Hospice is of a really high standard. It's what people need at that time in their life, and you can't compare it to anywhere else. 'Kate was really bubbly, and really enthusiastic. All she wanted to do was talk to people. Her smile was infectious, she was just a really positive person.'

'I could cry thinking about little Max climbing Pen-Y-Ghent. It's absolutely fantastic that kids of that age are getting involved with fundraising. Things like that make me proud to work in hospice care.'

You can watch Kate and Ian's full story on our Facebook page.



Forget me not wall

A place to remember and celebrate the life of your loved one.

We were delighted to launch a brand new virtual forget me not wall last year. You can upload a photograph and message to remember your loved one, and it will appear on the wall alongside other dedications. Your dedication doesn't cost you anything and can be shared with family and friends.

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Hospice Heroes!

This year, kids from across The Five Towns community have pulled on their capes and masks to raise money for the Hospice as the newest generation of Hospice Heroes.



To thank all of our young heroes who have supported the Hospice in recent times, we invited them to our exclusive Hospice Hero party. Children, parents, staff and volunteers all came together to celebrate the incredible efforts our young heroes have made in aid of the Hospice.

During the award ceremony, each child was called up to receive their framed Hospice Hero certificate and their Haribo goodie bag.

Hospice patron, Duncan Wood and MP Yvette Cooper, came along to show their support. The two were full of admiration for the actions taken by each child to fundraise for the Hospice, from completing their Hospice Hero event packs to climbing Pen-Y-Ghent. Around 30 children were given a Hospice Hero award, having collectively raised over £7,600, which is enough to run the whole Hospice for an entire day.

Rebecca Taylor, Community and Partnerships Fundraiser at the Hospice, said;

"The event felt truly magical. We felt proud and honoured to have these children as our Hospice supporters. We are in awe of their commitments to fundraising."

We want to say a massive thank you to all of our Hospice Heroes for their amazing contributions, and we can't wait to see what you all do next!





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Dragon's Den meets The Apprentice!



This year, we put local students' skills, knowledge and competitive edge to the test.

We took inspiration from the popular TV shows, Dragon's Den and The Apprentice, to create an exciting new challenge for the next generation of entrepreneurs.

The competing teams each came up with a brilliant product and business plan to pitch to our panel of stern-faced dragons.

They showcased some fantastic products, including a Christmas themed sweetie box and a beautifully presented cookie mix in a jar.

Each team was then given £50 to bring their business plan to life, and sell their products in the local community to see how much they could raise for local patients! Dragon and Hospice Finance Manager, Angela Hutchinson, gave us the scoop from inside the Dragon's Den...

'What impressed me the most was when they knew how much to raise to run the Hospice ward for a morning, and had applied this to the number of items they would have to sell to achieve this.

'This gave real meaning and value to each item, and also taught them how much effort is needed to keep the Hospice running.'



Follow us on Facebook and keep an eye on our page to find out who our winning team is!



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Meet our Head Chef!

The Hospice aims to improve the quality of life for people with a lifelimiting illness, personalising their care in every way – right down to the food they eat.

This year, Head Chef, Greg Staric, joined our Hospice catering team. Having worked in popular restaurants like Wagamama and Côte Brasserie, Greg brought mountains of experience to the kitchen.

Greg has been working hard to transform the kitchen, bringing in some crowd-pleasing specials like 'Dirty Fries' and an incredibly cheesy lasagne! He said he wanted patients and staff to have 'more versatile choices on a daily basis'.

Of course, catering for end-of-life patients, means being prepared to overcome dietary requirements and symptoms of illness that may affect what a patient can eat. But most importantly, our kitchen staff are always ready to meet any request a patient may make. Greg said,

"We always go out of our way for patients. One occasion that really stuck with me was when a patient asked to have afternoon tea with his daughter.

'This would be the last chance for them to do something like this, as she was travelling back to Australia soon after, so they probably wouldn't see each other again. We did our best to make it really special for them.'

However, Greg is most proud of the teamwork displayed by his kitchen staff. He said that the support the chefs give to one another is 'above and beyond'.

As well as providing services to our patients and staff at the Hospice, the catering department are now planning ways to generate more income. Read about our new partnership with Lock Lane Rugby Club on the next page!



Ethan's Appeal

Nine year old Ethan Mellor has gone above and beyond this year to boost Hospice funds in memory of his beloved grandad, who was cared for on our Incare ward.



Ethan's fundraising journey began when he tackled the Pen-Y-Ghent Family Challenge, through which he raised over £1,000 in sponsorships!

When our fundraising team saw how passionate Ethan was about raising money for the Hospice, they knew he would be the perfect supporter to help with the next appeal.

With the help of Legacy Fundraiser, Anne Giblin, Ethan wrote a letter asking supporters to consider leaving a gift to the Hospice in their will. In the letter, Ethan wrote: I want to make sure that the Hospice is still here when I am a grown up, so that if I ever need their help, I can be looked after just like my Grandad was. Can you help me?

I'm not really sure what leaving a gift in your will means, but I do know that it will help the Hospice in the future. You don't need to climb a mountain like me, but you can do your bit to make sure the people you love can stay at the Hospice if they need it. Thanks to Ethan's heartfelt letter, the Hospice received a staggering amount of donations totalling \pounds 6,661, with many other supporters saying they intended to remember the Hospice in their will.

Ethan was delighted to hear the results of his appeal. Anne said, "Ethan is an amazing young boy who experienced the work done by the Hospice team, and his appeal had fantastic results.

"Gifts in wills currently fund the care of one in four of our patients, and we rely on them to make sure our wonderful care continues in the future."

Ethan plans to continue fundraising for the Hospice, and looks forward to his next big challenge.

We can't wait to see what this incredible boy does next!



If you would like more information on leaving a gift in your will, call the

Fundraising team on 01977 781475, or email fundraising@pwh.org.uk.

You can make a free will on our website at www.pwh.org.uk/ makeawill.



Forget me not flowers

Dedicate a flower to remember your loved one this summer.

You are invited to dedicate a stunning forget me not flower to remember someone special in your life. The flowers are made from iron, and can be kept outdoors in your garden, or displayed indoors.

When you make your dedication, you will also receive a special card bearing the name of your loved one.

Look out for the Forget me not flowers launching

in April. Don't receive our mailings? Call the fundraising team on 01977 781478 and they will be happy to add you to our list.





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The Caring Kitchen



We've been working together with Lock Lane Rugby Club to raise money for the Hospice and provide quality catering for local rugby teams and fans, with all proceeds made going towards funding vital palliative care.

Spectators are now able to satisfy their game day hunger with classic, café style goodies – all homemade by our Hospice catering staff.

Additionally, the Caring Kitchen offers catering

services for guest events held in the Lock Lane function room, and is available for the public to book for any other events, big or small!

All of the food provided in our buffets use locally sourced ingredients, which are freshly cooked and prepared in our Hospice kitchen.

Deputy Chief Executive and Head of Estates and Facilities, Amanda Darley, explains why this partnership is so important for the Hospice; 'The Caring Kitchen will provide the Hospice with an additional revenue stream to help towards the funds it needs to raise each year and make it more sustainable. We hope it will extend our reach, and raise awareness of the Hospice more widely across the community.'

To find out more and book The Caring Kitchen for your event, email catering@pwh.org.uk or call Greg on 07760 558972.

Christmas Fundraising Success!

During the festive period, our Fundraising Team were working hard to make sure Christmas came to the Hospice.

It cost $\pounds72,000$ to run the Hospice for the 12 days of Christmas. We're thrilled to tell you, your Christmas fundraising raised $\pounds108,252$.



We are delighted that our Light up a Life appeal raised an incredible £30,147. Our services of remembrance took place once again and we live streamed the service from the Hospice gardens so people could come together to remember their loved ones. Your donations to our caring Christmas appeal raised £11,646. With thanks to generous supporters like you, we were able to help patients and their families create special memories.

The lucky winners of our Christmas Draw scooped an amazing £5,000 between them. We felt like we were winning with every raffle ticket stub returned to us. Thank you to everyone who took part, you raised £14,124 for Hospice care.

Throughout the festive period, Santa enlisted thousands of mini reindeers to help raise funds for the Hospice. An incredible 11,000 children took part in our Reindeer Run - dashing, dancing and prancing along the way, raising an amazing £44,132.

Lastly, in January, with the help of our dedicated volunteers we collected 592 trees through our collection scheme, which raised £8,203.

Thank you to all of our supporters for helping us to give our patients and their families the best care possible. You have made an enormous difference to so many lives.

A Major Challenge!

Here at The Prince of Wales Hospice we're always amazed by our supporters, and the challenges they complete to fund the vital care we provide – and Major Russell Bailey is no exception!

Having been in the Military for 33 years, Russell has dedicated his time to charities across the world, and even ran through the Canadian Rockies for the Hospice last year.



This year, putting his limits to the test, Russell completed a 26.2 mile marathon covering the undulating British Military training grounds in under five hours. He raised £1,400.

After running a multitude of marathons over the years, enduring mountains and off road tracks, Russell completed this challenge in memory of his brother who was cared for in the Hospice in 2011. He said,

'My brother was given outstanding care by The Prince of Wales Hospice. It drove me to assist, and pay the Hospice back for supporting my brother and my family before he passed.

'Times have been financially tough this last year or so for many people, so I didn't raise my bar as high, however I exceeded my proposed amount and then some.'

Small change, big difference

We are grateful to the thoughtful Hospice supporters collecting small change in home collecting boxes. Together, they raise over £3,000 each year. This could cover the running costs of an Incare bedroom for a whole week! Thank you so much to everyone who has a box at home or work and makes this care happen.

Please contact the Fundraising Team on fundraising@pwh.org.uk,



call 01977 787479 or drop in to your local store for your home

collecting box so you can join this group of Hospice Heroes, thank you.



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To find out more, visit www.pwh.org.uk/tree or contact the Fundraising team on 01977 781475.



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Make a will week



Make 2022 the year you have your will expertly written for FREE.

Thanks to the generosity of local solicitors, we are able to offer you a free will writing service this year.

Although there is no obligation to do so, you will also have the opportunity to leave a gift in your will to The Prince of Wales Hospice, making sure Hospice care is available for future generations. Don't miss out – book your appointment now!

"It was really easy. We arranged a convenient time with the solicitor and then we met over Microsoft Teams. It was 90 minutes of effort and it was all sorted." – Adam Wearing

April 25th - 29th JWP Solicitors

To make your appointment now, call: Chloe Aston on 01977 790029 (Pontefract Office) Joanna Longfellow or Lorna Lee on 01924 387171 (Wakefield Office)

July 18th - 22nd Carters Solicitors

To make your appointment now, call: Anne Caswell on 01977 703224

October 24th - 28th (save the date!) TBC

Appointments are limited and will be offered on a first come, first served basis. Please say you are calling about the Hospice's Make a Will Week.

In Memory of Karen

Starting in April 2021, Cat and, red Labrador, Luna vowed to walk 600 miles over five months, to raise money for the Hospice.

Exceeding their planned miles, walking 606 miles in total, the two raised an incredible £2,047 in total!

Cat described Karen as a 'loyal, fun, fierce friend', who would always speak her mind. She said Karen was 'gentle' and a 'sensitive soul', who cherished her family and friends above all else.

Along the way, Cat and Luna had lots of laughs! From enjoying a few drinks in local pubs to meeting new canine friends, the pair have created priceless new memories. already thinking about what they might do next to raise money. Cat told us a bit about her experience with the Hospice;

'The Prince of Wales Hospice cared for and supported not only my darling friend Karen but also her family at the end of her life, and gave her the much needed dignity she deserved and wanted.'

'I respect and admire the skill, commitment, dedication and bravery of the Hospice staff; to be in such a position of trust that requires the utmost professionalism and compassion for those and their families in their care.'



After completing their miles, the pair are

Forget me not tribute pages

Remember your loved one.

Tribute pages are a wonderful way of sharing memories of your loved one, and recording all the donations your friends and family make in their memory. You can upload photographs and write your memories, light virtual candles and send virtual gifts.

You can make donations on the page, which will come directly to the Hospice, and you can even set up fundraising events, or link your JustGiving pages to record every single donation.

Tribute pages are really easy to set up, but if you need any help, the Fundraising team will happily guide you through it. Find out more at www.pwh.org.uk/tribute or call the Fundraising team on 01977 781475.



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The Prince of Wales Hospice

Events 2022/23

5th March 2022 Spicey Girls Tribute Night

26th March 2022 NEW Hospice Heroes Abseil

20th May 2022 Midnight Memory Walk

19th June 2022 Cyclothon

26th June 2022 Summer Fair

22nd July 2022 Golf Day

30th July 2022 Yorkshire Three Peaks and Pen-Y-Ghent Family Challenge

TBC NEW Hooked on Hospice Care Fishing Competition

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11th September 2022 Great North Run

26th November 2022 NEW Hospice Christmas Fair

March 2023 NEW Norway Trek





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